

St. Louis Office for Developmental
Disability Resources

UPDATE

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Michelle Darden, Executive Director

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Fiscal Year 2011/2012 ~ Second Quarter

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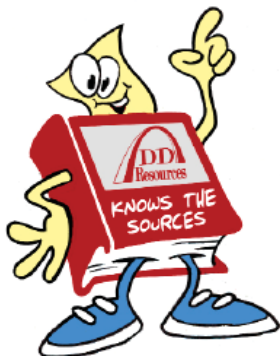
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ST. LOUIS BUSINESS JOURNALS' HEALTHIEST EMPLOYER FINALISTS

DD Resources was chosen as a finalist for the St. Louis Business Journal's Healthiest Employer. The award ceremony was held at the Renaissance Grand Hotel on October 6th.

The St. Louis Business Journal's selection was based on the healthy efforts of DD Resources' wellness committee. This committee has initiated free onsite health screenings, wellness newsletters, healthy recipes, healthy food options at staff functions and two contests, "Step into Fitness" and "Smallest Winner".

The wellness committee is proud to be a St. Louis Business Journal's Healthiest Employer finalist.



DD Resources' wellness committee at the St. Louis Business Journals' Healthiest Employer Awards.

(Pictured above from left to right) Ashley Elliott, Jackie Randall, Danielle Goodin, Devin Erikson, and Ellie Wilhelm. (Not pictured: Matthew Silverberg)

EMPATHY WORKSHOPS

DD Resources staff hosted three Empathy Workshops during the month of October in honor of disability awareness month.

The objective of the Empathy Workshops was to help students develop an understanding of some of the challenges of daily living experienced by some individuals with developmental disabilities.

The workshop consisted of four activities that demonstrated what it is like to have autism, cerebral palsy, epilepsy, or mental retardation. Students were put into small groups and were given ten minutes to complete each activity. Each group participated in all four activities.



(Pictured Above)

Willie Deuster, a DD Resources' client, was a guest speaker at two Empathy Workshops. He spoke to the students about his experience with living with a developmental disability.

DD Resources is grateful for Mr. Deuster's participation in the Empathy Workshops!

Thank You Willie!



Please consider the environment before throwing this newsletter away.



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Director
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(Pictured Above)
Dorothy Thomas, Horizon Club Host
assists Floyd Lacey, Horizon Club member.

The Horizon Club accepts donations year round. If you cannot give today please consider Horizon Club in the future.

Mission: *To ensure individuals with developmental disabilities in the City of St. Louis have quality services, choices, and full inclusion.*

Partially Funded By:

City of St. Louis
Department of
Human Services

